

GLOSSARY OF TERMS

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| Abdomen | =the lower part of the body. |
| Abstinence | =not having sex. |
| Acquired | =to possess by doing something. |
| Alcoholic | =a person addicted to alcohol |
| Antibodies | =a protein made by the body when a disease enters, which tries to fight against that specific disease. Example: antibodies for measles will fight to protect the body against measles. |
| Anus/Anal | =the part of the body that eliminates solid waste. |
| Asymptomatic period | =the time before a person shows signs of being infected with a disease...they have no symptoms even though they are infected. |
| Bereavement | =to be in a state of loss and grief, usually through the death of the loved one. |
| Biological (urges) | =the characteristics with which a person is born. |
| Bisexual | =a person having sexual desire for both the same and/or opposite sex as oneself. |
| CD4 Cell | =can be likened to the “captain” cell in the body. |
| Celibate/celibacy | =a person who abstains from sexual relationships or from being married. |
| Circumcision | =cutting of foreskin on the private part, more common in males. |
| Communicable disease | =diseases that can be transferred from one person to another. |
| Communication | =giving or exchanging information. Examples: talking, writing letters, touching, etc. |
| Condom | =a thin latex rubber covering that a man wears over his penis to help prevent the woman from falling pregnant or from contracting STDs. |

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| Confidentiality | =keeping a matter between you and the other person concerned ...not telling the matter to anyone else. |
| Contemporary | =happening in the present time...modern. |
| Decimating | =destroy or kill. |
| Dementia | =mental condition whereby the person is unable to function normally (in the mind). |
| Discrimination | =unfavourable treatment based on prejudice of race, sexual orientation, physical condition, etc. |
| Ejaculation | =the release of semen from a man's penis. |
| Epidemic | =a disease that is very widespread in the community. |
| Ethos | =the attitude or belief of a person. |
| Exploit | =to take advantage of and use for one's own selfishness. |
| Fertility | =ability to reproduce; ability to produce a baby. |
| Fidelity | =faithfulness to one's vows or marriage. |
| Gay | =a modern-day expression to describe "same sex" partners. |
| Genital Organs | =that part of the body known as "private parts" or sexual parts. |
| Genital | =the private parts of the body. |
| Heterosexual | =a person having sexual desire for those of the opposite sex as oneself. |
| Homosexuals | =a person having sexual desire for those of the "same" sex. |
| Hormones | =a substance produced inside the organs of a human body that is carried by the body fluid to another place inside the body where it has a specific use. Example: male and female hormones are made by the body and carried inside to a particular organ to help it function. |
| Immune system | =the body's ability to fight off disease and sickness and to protect itself. |

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| Inflammatory | =describing the condition of being swollen and irritated. |
| Intimate | =close and personal relationship...usually referring to sexual relationship. |
| Intravenous | =directly into the veins that carry blood in the body; usually referring to the use of a needle into the body's veins. |
| Invincible | =not able to conquer. |
| Lecturing | =a style of teaching whereby the teacher communicates information by talking. |
| Lymph glands | =the glands usually in the neck area, under the arms, and in the groin area of a human body. |
| Monogamous | =the practice of being sexually intimate with only one (1) person. |
| Moral | =ability to decide between right and wrong behaviour. |
| Mortality | =being subject to death. The understanding that one eventually will die. |
| Oral | =with the mouth. |
| Pandemic | =a disease that is very widespread throughout a nation or around the world. |
| Penis | =the private part of a male's body. |
| Persistence | =refusing to give up. |
| Polygamy | =being married to more than one person (two or more). |
| Prejudice | =an opinion or judgement before the facts are known...usually negative. |
| Pre-marital | =before one is married. |
| PWA/PLWA | = Person With AIDS. Person Living With AIDS. |
| Rape | =forced sexual intercourse with another person. |

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| S.T.D. | =‘Sexually Transmitted Disease’ - a disease contracted by engaging in sex with someone who is infected with one or more viral or bacterial diseases, particularly located in the sex organs. |
| Self-gratification | =pleasing oneself; doing what feels good to oneself. |
| Semen | =the whitish fluid that ejects from a man’s penis during orgasm, containing sperm and fluids. |
| Sequence | =the following of one thing after another in logical order. |
| Sexual Intercourse | =the method of expressing sexual feelings, or of reproduction by a man’s penis inserting into the woman’s vagina, usually followed by the man ejaculating semen into the woman’s body. |
| Sexual Molestation | =unacceptable sexual expressions or acts towards a child. |
| Sexuality | =the sexual drive or activity of a person. |
| Sodomy | =Usually understood as forced ‘same’ sex. |
| Sperm | =male sex cells found in the semen which fertilise the female egg and necessary for the conceiving of a baby. |
| Stereotype | =person conforming to a widely accepted type or kind. |
| Suppressed | =keeping feelings inside and not expressed. |
| Terminal | =resulting in death...cannot be cured. |
| Urinate | =eliminating liquid waste from the private part. |
| Virgin | =a person who has never engaged in sexual activity. |